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# Mighty Waitomo is where sustainability is serious business

Waikato Herald

11 Nov, 2022 07:20 AM 5 mins to read

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Waitomos' eco-commitment is also evident in its offices, built of sustainably grown pine, the high thermal mass design means it requires no heating, even in the winter months. Photo /

<https://www.nzherald.co.nz/waikato-news/news/mighty-waitomo-is-where-sustainability-is-serious-business/H4NWIMGY66UN3KLG6A73OQG6VA/>

# Te reo Māori tours return to Waitomo Caves after more than 100 years

Lawrence Gullery

September 15, 2021 · 05:33pm

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# Waitomo cave cathedral's underground sound ends week-long tribute to Matariki above

Lawrence Gullery

July 13, 2021 - 02:55pm



Home / Waikato News

**Tour operator Discover Waitomo also works to be a strong cultural and community business**

<https://www.stuff.co.nz/pou-tiaki/125737961/waitomo-cave-cathedrals-underground-sound-ends-weeklong-tribute-to--matariki-above>

She jokes that while “normal people” might have rested after the intrepid event, they headed into the iconic Waitomo Caves. Though Mike claims to have a genuine fear of heights, Sam says there was no sign of that as they abseiled into a 35 metre-deep abyss.



## Green takes on Waitomo Trail Run



Last year's Bachelor Art Green and Matilda Rice have signed up for the 33km course on Saturday.

Organisers describe the Trail Run as the most unique geographical trail on the planet, which takes runners and walkers underground and over-ground across stunning 6km, 11km, 22km or 33km courses.

The 22km and 33km course will take participants over towering rock faces, allow them to navigate through bush and over karst-studded landscapes, before descending the beautiful 'Love Track'.

Following on from the Tarawera Ultra and Tarawera Trail Marathon, this is only the third event organisers Paul Charteris and Tim Day have offered in nine years.

Located in the ultimate playground in the Waitomo region, the course will weave runners and walkers through an underground and over ground thoroughfare of karst-studded landscapes, native bush, vibrant working farms, tunnels, canyons and glowworms.